

Stuck in transformation?!

The Flow Game – a method for asking the big questions of our time

There is no doubt that our era is overloaded with big questions; sometimes they almost seem to overwhelm us. What if there were good methods to approach these questions in a playful, easy way and yet not have to lose any of the depth we need to deal with these topics?

We have invited an internationally recognized Art of Hosting expert whose work contributes a lot to the topic of “asking good questions is better than looking for quick answers.” She does this in a variety of settings and formats and on this day she will introduce us to two of them: The art of powerful questions and the Flow Game.

Finding, crafting and sharpening a powerful question is a key leadership and life skill. Simply offering a question already sets something in motion – it is the simplest intervention you can make into any system. A powerful question is a doorway into a different perspective, even a new reality.

The Flow Game, a game for people who want to dare to ask the important questions. It is a powerful tool for creating an interactive space for reflection, dialogue and action for groups, teams and individuals. Although many people love playing games, they rarely see them as an opportunity to experience tangible transformation processes or professional challenges. The Flow Game is about questions that matter. Everyone has small and large questions, but on this day we would like to offer a space to concentrate on our specific, currently moving times in a global and local context and our respective challenges.

In the morning, Mary Alice Arthur will introduce us to the art of developing strong, powerful questions that, on their own, can change us and our (professional) fields. In the afternoon, these questions will be incorporated into the Flow Game, which will take place in small groups: Taking part in a Flow Game” is easy to learn, but offers a surprisingly profound opportunity to explore the present or future in an intuitive and insightful way, and to receive support from the collective intelligence of the group. In this way, new perspectives can be opened up together with others.

Note: The workshop will partly take place in English, but there are always enough people who can translate!

Host: Mary Alice Arthur, expert in participatory methods such as Art of Hosting, Storytelling and Flow Game, internationally valued process facilitator and trainer